



Alpha & Omega  
Christian Worship Center  
1110 39<sup>th</sup> St, Newport News, VA 23607

## What's in Your Spirit

*Pastor K. Franklin, Sermon Notes / Sunday, 29 Mar 2009*

Outline is available at <http://www.alphaomegaworship.org/Resources.htm>  
Listen to the sermon online at <http://www.alphaomegaworship.org/Audio.htm>

### **GALATIANS 3:**

1. O foolish Galatians, who hath bewitched you, that ye should not obey the truth, before whose eyes Jesus Christ hath been evidently set forth, crucified among you?
2. This only would I learn of you, Received ye the Spirit by the works of the law, or by the hearing of faith?
3. Are ye so foolish? **Having begun in the Spirit, are ye now made perfect by the flesh?**
4. Have ye suffered so many things in vain? If it be yet in vain.
5. He that ministereth to you the Spirit, and worketh miracles among you, doeth he it by the works of the law, or by the hearing of faith?
6. Even as Abraham believed God, and it was accounted to him for righteousness.

Why do we tend to live life by starting one way, and finishing another?

In our relationship with God, it begins on a spiritual plane (God, I need you to deliver me and set me free) and it ends on a natural plan (turf wars in the business of Church).

For many of us Church is a business. We hear what the word of God says but then we immediately revert to our thoughts and our ways of doing things.

Oh, if we would but love the Word of God and whole it in the highest esteem and strive to live up to the Word of God.

How many of us are living life and it is just happening. Or, do we mediate and think on these things. Is our mind on a constant vacation except when crisis demands it or is it mental capacity being used to guide our life and prevent those crises?



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## **WORSHIP IN SPIRIT AND IN TRUTH**

ST JOHN 4:

19. The Woman saith unto him, Sir, I perceive that thou art a prophet.
20. Our fathers worshipped in this mountain; and ye say, that in Jerusalem is the place where men ought to worship.
21. Jesus saith unto her, Woman, believe me, the hour cometh, when ye shall neither in this mountain, not yet at Jerusalem, worship the Father.
22. Ye worship ye know not what: we know what we worship: for salvation is of the Jews.
23. But the hour cometh, and now is, when the **true worshippers** shall worship the **Father in spirit** and in **truth**: for the Father seeketh such to worship him.
24. God is a Spirit: and they that worship him must worship him **in spirit and in truth**.

We can praise in the flesh and we can give thanks in the Flesh, but we can only Worship in the Spirit.

We can praise and give thanks in the flesh, but worship can only happen in the Spirit.

John, chapter 4, tell us that God is a Spirit, and if we are going to worship him, it must be in spirit (lower case spirit meaning the spirit of man) and in truth

Mary pondered the things of Jesus always in her Heart!



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## WHAT DEFILES A MAN

**Mark 7:1 - 23 (KJV)** <sup>1</sup>Then came together unto him the Pharisees, and certain of the scribes, which came from Jerusalem. <sup>2</sup>And when they saw some of his disciples eat bread with defiled, that is to say, **with unwashen, hands, they found fault.** <sup>3</sup>For the Pharisees, and all the Jews, except they wash *their* hands oft, eat not, holding the tradition of the elders. <sup>4</sup>And *when they come* from the market, except they wash, they eat not. And many other things there be, which they have received to hold, **as the washing of cups, and pots, brazen vessels, and of tables.** <sup>5</sup>Then the Pharisees and scribes asked him, Why walk not thy disciples according to the **tradition of the elders**, but eat bread with unwashen hands? <sup>6</sup>He answered and said unto them, **Well hath Esaias prophesied of you hypocrites, as it is written, This people honoureth me with their lips, but their heart is far from me. <sup>7</sup>Howbeit in vain do they worship me, teaching for doctrines the commandments of men. <sup>8</sup>For laying aside the commandment of God, ye hold the tradition of men, as the washing of pots and cups: and many other such like things ye do.** <sup>9</sup>And he said unto them, Full well ye reject the commandment of God, that ye may keep your own tradition. <sup>10</sup>For Moses said, Honour thy father and thy mother; and, Whoso curseth father or mother, let him die the death: <sup>11</sup>But ye say, If a man shall say to his father or mother, *It is Corban*, that is to say, a gift, by whatsoever thou mightest be profited by me; *he shall be free.* <sup>12</sup>And ye suffer him no more to do ought for his father or his mother; <sup>13</sup>**Making the word of God of none effect through your tradition, which ye have delivered: and many such like things do ye.** <sup>14</sup>And when he had called all the people *unto him*, he said unto them, **Hearken unto me every one of you, and understand: <sup>15</sup>There is nothing from without a man, that entering into him can defile him:** but the things which come out of him, those are they that defile the man. <sup>16</sup>If any man have ears to hear, let him hear. <sup>17</sup>And when he was entered into the house from the people, his disciples asked him concerning the parable. <sup>18</sup>And he saith unto them, **Are ye so without understanding also? Do ye not perceive, that whatsoever thing from without entereth into the man, it cannot defile him; <sup>19</sup>Because it entereth not into his heart, but into the belly, and goeth out into the draught, purging all meats?** <sup>20</sup>And he said, That which cometh out of the man, that defileth the man. <sup>21</sup>**For from within, out of the heart of men, proceed evil thoughts, adulteries, fornications, murders, <sup>22</sup>Thefts, covetousness, wickedness, deceit, lasciviousness, an evil eye, blasphemy, pride, foolishness:** <sup>23</sup>All these evil things come from within, and defile the man.

How many of us are like the Pharisees?

We lay aside the commandment of God to follow the traditions of Man.

How many of our traditions in the church run counter to the word of God. How many of us even read and study the word of God so we will know what it is that God desires and commands of us?



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**Look at what comes out of the Heart that defile us:**

**<sup>21</sup>For from within, out of the heart of men, proceed**

- evil thoughts,
- adulteries,
- fornications,
- murders,
- <sup>22</sup>Thefts,
- covetousness,
- wickedness,
- deceit,
- lasciviousness,
- an evil eye,
- blasphemy,
- pride,
- foolishness:

**KEEP YOUR SPIRIT CLEAN**

We are warned to keep our Spirit clean.

What are you allowing to dwell in your spirit.

Mind over matter. Mind over your flesh.

To truly connect to God, you need to do it on the Spirit level and not the fleshly level.

Having begun in the Spirit, are you now perfected in the Flesh.

**2 Corinthians 7:1 (KJV)** <sup>1</sup>Having therefore these promises, dearly beloved, let us cleanse ourselves from all filthiness of the flesh and spirit, perfecting holiness in the fear of God.

**1 Thessalonians 5:23 (KJV)** <sup>23</sup>And the very God of peace sanctify you wholly; and *I pray God* your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

**Ephesians 4:21 - 25 (KJV)** <sup>21</sup>If so be that ye have heard him, and have been taught by him, as the truth is in Jesus: <sup>22</sup>That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; **<sup>23</sup>And be renewed in the spirit of your mind;** <sup>24</sup>And that ye put on the new man, which after God is created in righteousness and true holiness. <sup>25</sup>Wherefore putting away lying, speak every man truth with his neighbour: for we are members one of another.



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## **WHAT ARE YOU DOING WITH YOUR MIND**

Get Your Mind in the Game.

### **RELATIONSHIP WITH A SPOUSE**

The strength of your marriage will impact the effectiveness of the church.

Now that we have looked at our relationship with God, what about our relationship with our spouse:

Women are looking at what they get in the spirit. You can have sex in the flesh but you can only truly love in the Spirit.

- God is Love, and God is a Spirit

If I Love her, then I need to love only her. Only God before.

If I cherished her, I needed to cherish only her.

It had to consume my complete being, If I ever hoped to achieve the relationship that God desired for me with my wife.

Are we afraid of unconditionally commitment; are we afraid to Love fully and give completely.